

Check-in Survey

Name: _____

Class: _____

Hello to all of you! We care about all of you and we thought we'd find out how you are doing and what your day-to-day life is like during Lockdown.

Please take a few minutes to answer each of the questions on this survey as thoroughly as possible so that we can have a better idea of how best to support you now and when school is open again.



PERSONAL: How are you doing?

How are you staying connected?

- Instagram
- Video Chats
- Texting
- Facebook
- Phone calls
- Google Hangouts/Zoom/House Party
- Other

How often are you connecting with friends with one-to-one communication?

- Less than 15 min per day
- Up to an hour a day
- More than an hour a day

Who do you connect with on social media or calling/Facetime/etc.?

- Friends
- Family
- Teachers
- No one

How much do you feel you have someone to listen to you?

- (1-5) 1= not at all 5= as much as I need

Do you have access to nature or outdoor space where you are?

- Yes
- No

What has been the best thing about school closure?

What has been the most difficult thing about school closure?

What kinds of things are bringing you a sense of comfort or safety?

What do you do when you're feeling concerned, anxious, or upset?



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HOME: What does home life look like for you?

What does your daily routine include?

- Gaming
- Social media
- Reading
- Exercising
- Eating/cooking
- Sleeping
- Chores
- School work
- TV or video watching
- Other_____

What are your responsibilities at home?

- Caring for siblings
- Chores
- Cooking
- Studying
- Caring for elderly members of the family
- Other

What is included in your work/study space at home?

- My own desk
- I share a desk
- I use the kitchen
- A computer
- Supplies (highlighters, Post-its, pens, pencils)
- I don't have a study space
- Other

How much family activity and/or distraction occurs in your work/study space?

- (1-5) 1= no distraction 5= constant disruption

How many people are in your home during Lockdown? (including yourself)

Which staff members at our school do you would feel most comfortable talking to?

Is there anything else you want us to know so that we can support you during the school closure?

