

# Check-In Survey for School Staff

Name: \_\_\_\_\_

## How are you feeling?

### Hello!

Please take a few minutes to answer each of the questions on this survey as thoroughly as possible, so that we can have a better idea of how best to support you.

.....

### 1. What have been your main worries and concerns, if any, about coming back to school, and why?

### 2. How do you feel about going back to school?

(Rank 1-5 where 1 is Very Unhappy and 5 is Very Happy)

1	2	3	4	5

Why is that?

### 3. How would you rate your level of communication from school throughout Lockdown, reopening for Key Workers, and the summer?

(Rank 1-5, where 1 is Poor and 5 is Excellent)

1	2	3	4	5

### 4. What measures would you like to see in place to help you feel safe and secure at school?



**5. Have you experienced any of the following during Lockdown or the summer? (Please tick all that apply)**

- Bereavement
- Loss of routine
- Loss of finances
- Loss of safety
- Loss of hopes, dreams, and expectations
- Loss of health
- Feelings of loss around seeing friends and family
- Relationship breakdown
- Lack of sleep/too much sleep
- Irritable
- Short tempered
- Eating/drinking more
- Throwing yourself into something, e.g. exercise, work, gaming
- Isolation
- Other \_\_\_\_\_

**6. Who do you talk to about your feelings?**

**7. How supported do you feel?**

(Rank 1-5 where 1 is Unsupported and 5 is Totally Supported)

1	2	3	4	5

**8. Have you been bereaved this year?**

Yes/No

If yes, what support have you received?

**9. Is there anything we can do to support you with coming back to school on a practical level or emotionally?**

**10. What are you looking forward to most about coming back to school?**

